



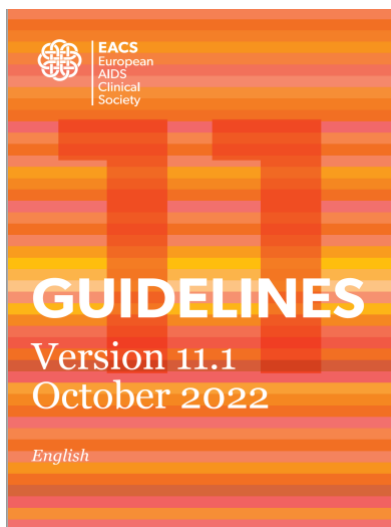
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EACS Guidelines 2022



Introduction

Welcome to the EACS Guidelines!

These Guidelines were developed by the European AIDS Clinical Society (EACS), a not-for-profit organisation, whose mission is to promote excellence in standards of care, research and education in HIV infection and related co-infections, and to actively engage in the formulation of public health policy, with the aim of reducing the HIV disease burden across Europe.

The EACS Guidelines were first published in 2005, and are currently available, online as a pdf and web-based version, and as a free App for iOS and Android devices. The Guidelines are no longer produced as a printed booklet, but continue to be translated into several different languages. The Guidelines undergo formal minor revisions annually and major revisions every second year. Interim updates may however also be provide at any time the panels consider it necessary.

The aim of the EACS Guidelines is to provide easily accessible and comprehensive recommendations to clinicians involved in all aspects of care. Unless mentioned otherwise, they always refer to the specific management of people living with HIV.

The EACS Guidelines cover a relatively large and diverse area geographically, with different national levels of access to care. As a natural consequence, the Guidelines aim to cover a relatively wide range of recommendations as opposed to the often more uniform national guidelines.

The 2022 version of the Guidelines includes updates of all existing sections. In order to emphasise person-centered language, the abbreviation PLWH referring to people living with HIV has been deleted throughout the guidelines. The most essential changes are listed in the [Summary of changes from v11.0 to v11.1](#)

Each respective section of the Guidelines is managed by a panel of experienced European HIV experts, with additional experts in other fields of expertise included where necessary. All recommendations are evidence-based whenever possible and based on expert opinions in the rare instances where adequate evidence is unavailable. The Guidelines do not provide formal grades of evidence, panels make decisions by consensus or by vote when necessary and we do not publish results of the votes or discrepancies if any occur.

The EACS Guidelines panels are overseen by a Guidelines Chair who serves a three-year term and is elected from the Governing Board. Each panel is led by a Panel Chair, supported by a Vice-Chair and a Young Scientist. The Co-Chair will take over the role of Chair after the Chair's term expires. Panel membership is reviewed annually and rotation is overseen by the Panel Leads and Guidelines Chair according to a standard operating procedure. Operational matters of the EACS Guidelines are led by a Coordinator in the Medical Secretariat, supported by the EACS Secretariat.

Only the latest and key references used to produce the Guidelines are provided in a separate section, see [References](#). A short summary of the key findings of highlighted references is included.

Please reference the EACS Guidelines as follows: EACS Guidelines version 11.1, October 2022. Video links to the EACS online course on Management of HIV and Co-infections are provided throughout the Guidelines, see [Video links](#).

The diagnosis and management of HIV infection and related co-infections, opportunistic diseases and co-morbidities across all ages continue to require a multidisciplinary effort for which we hope the 2022 version of the EACS Guidelines will provide you with an easily accessible overview.

All comments to the Guidelines are welcome and can be directed to guidelines@eacsociety.org

We wish to warmly thank all panelists, external experts, linguists, translators, the EACS Secretariat, the Sanford team and everyone else who helped to build up and to publish the EACS Guidelines for their dedicated work.

Enjoy!

Georg Behrens and Juan Ambrosioni
October 2022

Medical Secretariat

The EACS Medical Secretariat is responsible for the coordination and update of the EACS Guidelines based on the recommendations from the six EACS panels.

Guidelines Chair: Georg Behrens - Hannover, Germany

Guidelines Coordinator: Juan Ambrosioni - Barcelona, Spain

Panel Members

HIV Treatment

Chair: Jean-Michel Molina - Paris, France

Vice-Chair: Alexandra Calmy - Geneva, Switzerland

Young scientist: Laura Levi - Paris, France

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Jose Ramón Arribas - Madrid, Spain

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Marc van der Valk - Amsterdam, The Netherlands

Marta Vasylyev - Lviv, Ukraine

Drug-drug interactions

Chair: Giovanni Guaraldi - Modena, Italy

Vice-Chair: Catia Marzolini - Basel, Switzerland

Sara Gibbons - Liverpool, United Kingdom

Françoise Livio - Lausanne, Switzerland

Co-morbidities

Chair: Alan Winston - London, United Kingdom

Vice-Chair: Esteban Martínez - Barcelona, Spain

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Georg Behrens - Hannover, Germany

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Franck Boccara - Paris, France

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Opportunistic Infections and COVID-19

Chair: Paola Cinque - Milan, Italy

Vice-Chair: Cristiana Oprea - Bucharest, Romania

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Paediatric HIV Treatment

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Conflicts of Interest

The panel members' declarations of interest are available upon request.

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